



Prisoners of Conscience

Supporting people who defend human rights



Impact Report

2022/2023

Snapshot of Your Support

Assisted over

500

people

167

prisoners
of conscience

334

family members
and dependants

Made 175 individual grants

Additional 5 block grants to trusted referral agencies

Financial support raised

£170,891

+38%

increase on 2021/22,
thanks to the
generosity of
our supporters

8

refugees in exile helped to
requalify in the legal, engineering,
architecture, construction,
healthcare, biomedical science,
statistics, business management
and human rights sectors.

Supported prisoners
of conscience from

31

countries

Reunited

5

families
including

18

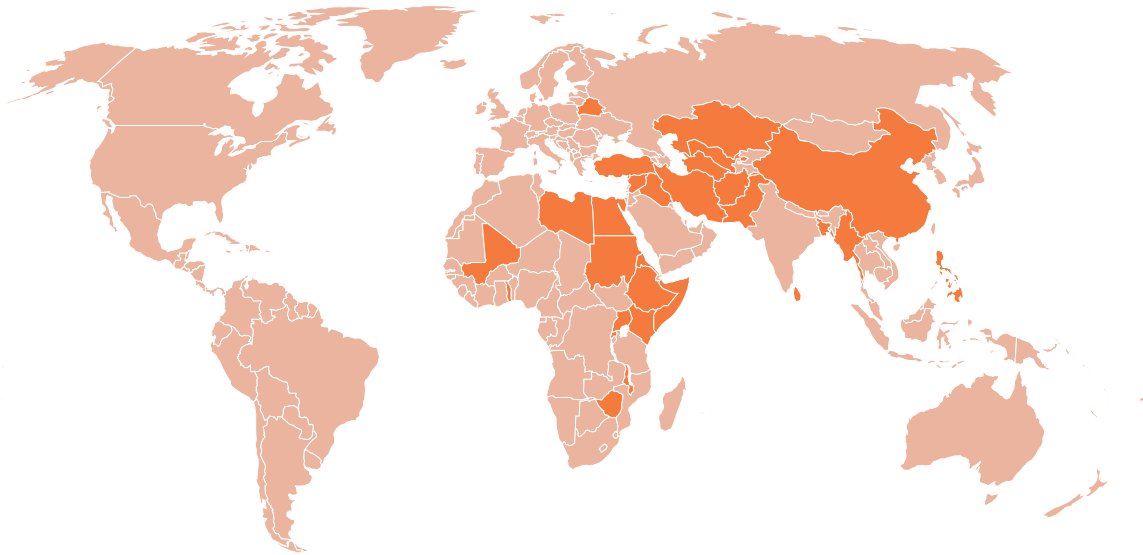
dependants

Collaborated with 29 referral agencies and other NGOs
to reach those whom we supported

“In times such as these, when human rights everywhere are under ceaseless threat and refugees are struggling to make safe and tolerable lives, PoC stands out as a beacon of light. The practical support it provides to those persecuted for their acts of bravery and conscience has never been more necessary.”

Caroline Moorehead
OBE, PoC patron and supporter

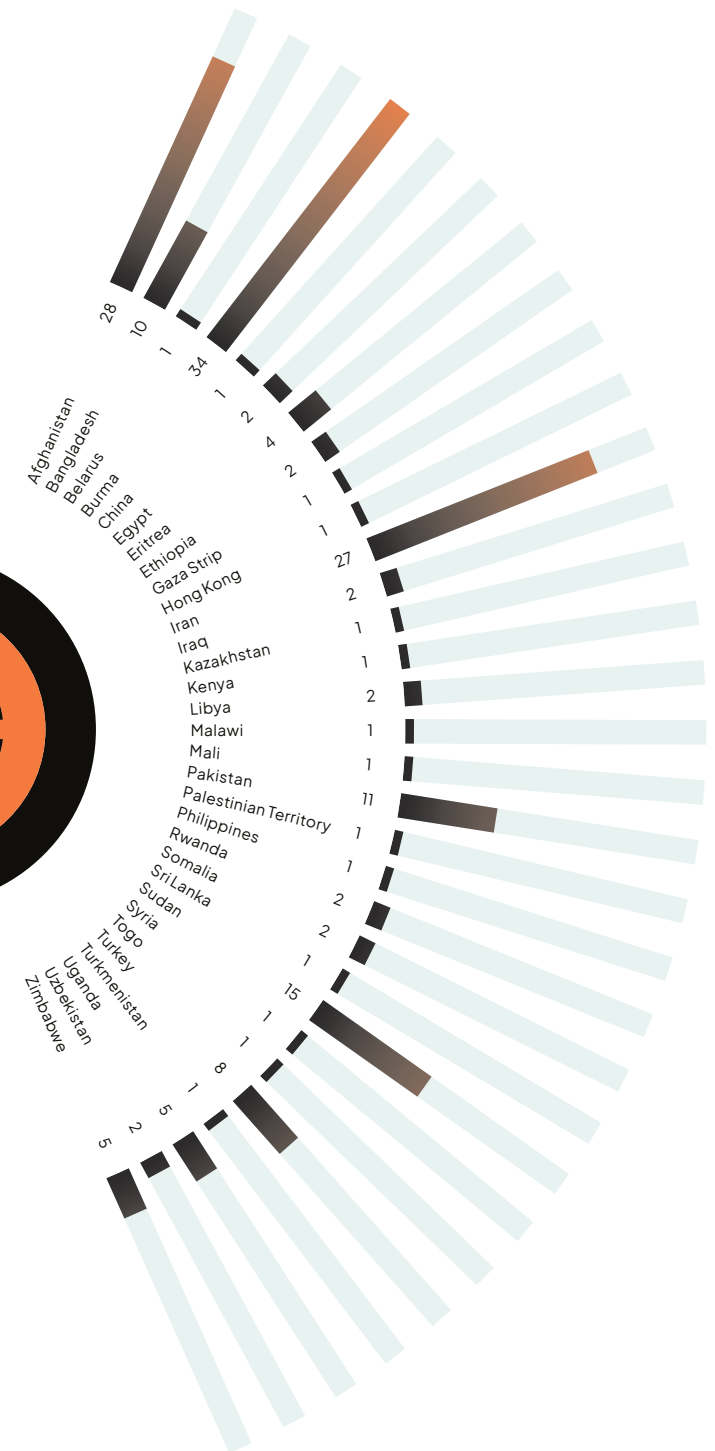
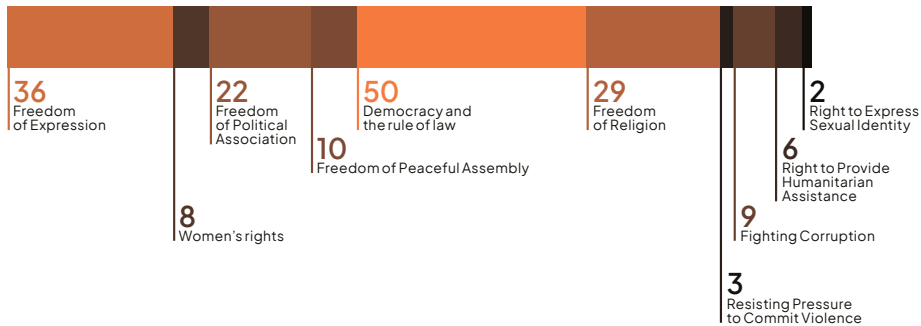
Impact Around The World



Grant support by category



Support by human right infringed



Director's message

Welcome to our impact report for 2022/23 and thank you to our supporters, volunteers, staff and referral agencies who have once again helped to make the world a better place for many prisoners of conscience and their families.

Courageous people continue to stand up for their and, in turn, our human rights around the world. Unsurprisingly, PoC has seen a huge increase in requests for support from Afghanistan (up 71%) and Iran (up 27%). Many of these prisoners of conscience have had no choice but to seek refuge in countries like the United Kingdom, and the Illegal Immigration Act, roundly criticised by the United Nations and human rights defenders, is likely to prove yet another obstacle to reaching countries of safety.

Our supporters have enabled PoC in the last year to:

- Assist 167 prisoners of conscience and over 334 family members and dependants
- Increase financial grants by 38%
- Increase charitable activities by 19%, from £251,591 to £299,409
- Reduce the costs of raising funds from 19% to 14%
- Increase the breadth of practical support for security, employability, IT needs and reaching countries of safety

This assistance for prisoners of conscience has been made possible through increased donations and legacies over the last year and we remain grateful to our supporters for their support. The need to help those who uphold human rights has never been more urgent, but there is a vast disparity between the extent of human rights abuses in each country and PoC's financial resources to meet this need.

We hope that you will find this report informative and, as always, please do get in touch if you would like to provide feedback, volunteer or provide ideas on how we might reach and support yet more prisoners of conscience in the years to come.



Gary Allison
DIRECTOR

Chair's message

People who stand up for human rights around the world make the world a better place for us all – we are indebted to every one of them. They assert the importance of governments and public bodies being accountable to the people they serve; a key part of that accountability is respecting the differences between people, respecting diverse political, societal and religious views. When established systems of authority are challenged by those who want to hold coercive forces to account for the exercise of state power, some governments attack and persecute those who are upholding human rights. Individuals pay a heavy price for raising issues that governments would prefer to remain hidden. Our charity plays a small part in supporting those who have paid that price – often being forced to relocate to another country and begin a wholly different life – all as a result of asserting human rights. But human rights are only real if people have the courage to assert them.

But we could do nothing without the generous and loyal support of our donors. Many thanks to every donor. Sadly, the demand for support from our charity continues and we promise to continue to do our best to use your donations to support prisoners of conscience in the best way we can in the coming year. Special thanks must go to the Trustees of The Lombard Charitable Trust who very generously donated a property to our charity in Seaford, which is presently occupied by a former beneficiary.

Whilst keeping our main focus on making grants to individuals who have been persecuted as a result of asserting human rights, we are tentatively exploring ways to support the community of human rights defenders more effectively as well as trying to improve conditions in the UK for those who flee here from persecution abroad. We hope this will increase the positive benefits the charity can deliver for those upholding human rights.



David Lock KC
CHAIR OF THE
TRUSTEE BOARD

Lives Transformed



‘National Security Service members threw gas tears pumps and hit us... I was arrested and tortured for a day then at night’

This appalling treatment would not stop Rania’s commitment to upholding human rights. When working to defend women’s rights in Sudan years later, she was once again attacked and arrested for her activism. Although Rania’s youngest daughter was only 7 months old at the time, security forces refused to release her:

‘When I beg them to allow me to leave for her, they threatened me and said we will arrest all your daughters with you.’

Rania’s husband was also an activist. He has been arrested eight times, tortured, and beaten, all for standing up for what’s right. Fearing for their and their family’s lives, Rania and her husband decided to flee for Saudia Arabia.

However, the Sudanese government would not let them escape peacefully.

‘The Sudanese national security continues threatening us. We receive many calls from the Sudan embassy telling us they will catch us and send us back to Sudan’

With threats from the government continuing, despite this move to Saudia Arabia, Rania and her family had no choice but to come to the UK looking for a safe life for their three young daughters.

When they finally settled in the UK in 2017, Rania was determined to continue her activism, and give back to UK society. She decided to re-qualify, pursuing a PhD in environmental sustainability after having worked as a lecturer in the field for 15 years, with the hopes of lecturing again in the UK. As Rania needed financial support with achieving this goal, she reached out to PoC:

‘Unfortunately, I didn’t manage to get any funds for my Ph.D. and as I live in Scotland am not eligible for the PhD loan. PoC are paying my tuition fees each year since I started, without this grant I wouldn’t be able to continue my studies. Now I am in the second year of my studies.’

Rania is now also a member of the Sudanese women union in the UK, and the Sudanese uprising support group in Edinburgh. She is passionate about helping Sudanese people, and other refugees, to have their voices heard. Without the PoC bursary grant, Rania would not have been

able to continue her work defending human rights whilst re-qualifying.

In a message to the supporters of PoC, Rania told us about her experience as a refugee, and how PoC has aided the difficult process of moving thousands of miles away from her home country:

‘No one would like to leave his country, leave his life and his memories, and most importantly his family and friends. All refugees were forced to leave their homes, where they had a life they knew and were used to. Where they have their links, families, and friends who are always willing to help them when they need it. Many like me find it too difficult to adapt to the new place, culture, and system. It is too stressful to start your life in a totally different place, but we are working too hard to find a place for ourselves.

What PoC are doing is not just giving us financial support. They give us hope for a better future for us and for our families. This support is a bridge that helps us to integrate and feel belonging. And more importantly, let us know that they are willing to help us and what we go through and how much we are struggling to find our place in this country’

Rania Obead Freedom of expression and democracy

Rania was a Sudanese activist and lecturer. During her university studies, Rania joined a political party called Democratic Front, well known for its opposition to Omer Albashire’s dictatorship. The party organised many peaceful demonstrations against the regime, which greatly angered government forces. During a major protest, a close friend of Rania was murdered. In the days that followed, other members of the party were targeted, including Rania herself:



Sultan Haidari
Journalist in Afghanistan

Sultan is an Afghan journalist living in Kabul. Since 2001, he has worked with a number of media outlets in Afghanistan and is the Deputy Chairman of the Committee to Protect Journalists in the country. Sultan's commitment to defending freedom of expression and press has caused him to suffer years of abuse and intimidation in Afghanistan:

'I have produced many programs and written countless articles and reports on Afghanistan in which I mostly criticised the situation of the country. In my career I was always threatened and have been a target from different parties in Afghanistan because, as you know, it is the most dangerous place for being a journalist'.

'I have been repeatedly threatened by armed groups, the corruption mafia, and the drug mafia in Afghanistan over the past 15 years.'

Despite the dangers of being a journalist in Afghanistan, Sultan actively promotes human rights,

developing programs to support the rights of women, children, and religious and ethnic minorities after the Taliban takeover in 2021. Openly defending human rights under the Taliban is often a death sentence for people like Sultan. So, when he became aware of the Taliban searching houses after their takeover in 2021 to identify journalists and imprison them, he decided to move homes and flee with his family.

However, on September 8th, 2021, Sultan was found by the intelligence chief of the Taliban group in Kabul. While reporting on women's rights protests, he was beaten and tortured by members of the regime.

'Since then, I have received reports at least three times that the Taliban's intelligence is seeking the arrest of Hazar journalists, including myself, and that my name is on a list of 15 detainees, so I have to change my location regularly'.

Speaking of his experience in hiding, Sultan describes how he and his family are 'almost imprisoned' in hiding. They have faced severe mental illness while in hiding, with both of Sultan's daughters attempting suicide, and Sultan experiencing acute agoraphobia.

Having lost his livelihood, Sultan is in desperate need of assistance for him and his family. In 2022, Sultan reached out to PoC for help. We provided Sultan with a hardship relief grant, covering the costs of food, rent, and medical expenses.



Lydia
Bursary

Lydia is currently pursuing her PhD in Law at Oxford University, is a judge of the High Court in Uganda and a Judge at the United Nations Residual Mechanism for International Criminal Tribunals.

'The independence of the judiciary is an important cornerstone for the effective administration of justice in any jurisdiction. But what does this really mean in today's global village? It means judges

must think outside the boxes of their legal training, which may be out of touch with current realities, unlock their potential to learn new approaches and abandon those that are not effective. It is a duty call for judges to critically reflect on the oaths they make at inception and benchmark their actions against these oaths. Judges have to pay forward effective justice that translates into tangible action that the people they serve feel and appreciate. The breadth and depth of the judgements they write are irrelevant if they do not translate into tangible justice.

For judges to effectively execute their roles today, they ought to have bespoke training not only in their areas of expertise; they ought to train in the use of modern technology and artificial intelligence and tread the terrain of comparative jurisprudence to learn from other jurisdictions through continuous education. Through its bursaries, Prisoners of Conscience enhances independence of the judiciary and administration of justice by enabling such training and giving opportunity where it would be impossible. It empowers judges to take justice to the people they take the oath to serve and sets the pace for enhanced democratic governance.

I am grateful to PoC for the opportunity to make a tangible contribution to the democratization process of the world through its scholarship.'



Ahmed M Saleh
Freedom of expression and reporting

Ahmed is a Palestinian writer and human rights defender. As freedom of expression remains heavily restricted in the West Bank and the Gaza Strip, Ahmed has been forced to pay the price for his work upholding human rights.

In 2019, Ahmed was abducted by Hamas, a militant Palestinian Islamist group that rules the Gaza strip. He was blindfolded and led to an iron caravan in the wilderness, whilst Hamas officers confiscated all of his belongings.

‘I was placed in an iron caravan for a whole day until my nerves were

drained. The next day, the process of interrogation began.

The officer told me that I was in this place because of my Facebook posts...I had denounced the arrest of my friends who were active in the cultural and human rights fields’

Ahmed had written leaflets condemning the Hamas’ brutal treatment of activists and their suppression of individual freedoms. The officer in charge of his interrogation was ‘very disturbed’ by Ahmed’s open support of human rights. He decided that Ahmed needed to be punished for

encouraging others to express their views freely.

‘He decided to punish me by brutally beating the face...I was bleeding from my nose and teeth. I don’t know how long he investigated me because it is so painful. I hoped to die...’

Ahmed was later moved to a cramped room, where he was unable to sleep, eat or receive medical treatment for his injuries. He was only released after making forced confessions, and promising that he would no longer participate in any human rights protests or produce any work criticising Hamas. Ahmed was considerably shaken after the terrifying ordeal:

‘My arrest for the first time directly destroyed my future, depleted my abilities and made me have psychiatric illness, panic disorders, depression and blood pressure’

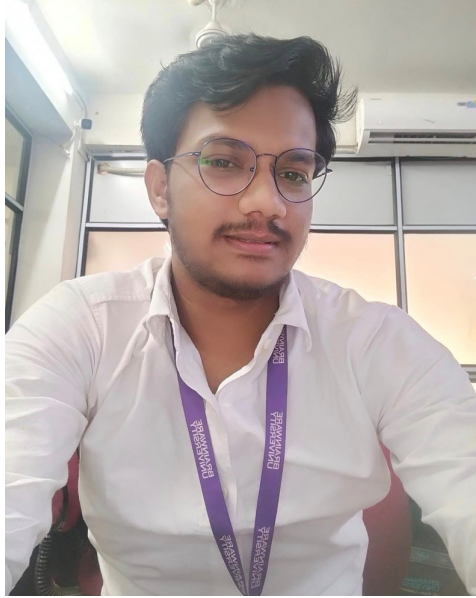
Despite the threat of further violence, Ahmed did not let the torture he endured silence him or stop his activism. After participating in a demonstration for human rights, Ahmed was arrested for a second time by the Internal Security Service of Hamas along with a group of other activists and jurists.

‘We were subjected to the worst physical and psychological torture and left untreated. While after this time I also fell into severe depression’

Ahmed knew he needed to seek

support after this arrest. He reached out to a therapy foundation in Germany and began receiving psychological treatment. Though this therapy is helping his mental wellbeing, Ahmed is still unable to work in his current condition. Ahmed reached out to PoC in December 2022, in desperate need of financial support.

We provided Ahmed with a hardship grant for basic essentials early in 2023, covering the cost of medical care, food, and accommodation until he gets back on his feet.



Joydeb
Religious persecution

Joydeb, a Bangladeshi student and blogger, started questioning religious teachings and practice in his early teens. Given that 91% of the population of Bangladesh is Muslim, Joydeb knew that his exploration of atheism and criticism of religion would be controversial. However, he never would have imagined the horrors he would face after writing blog posts on secularism and religious bigotry.

On 19th May 2019, Joydeb was targeted by a Muslim mob for his posts:

‘They attacked my hostel and I was brutally tortured all night. They use iron rods, sticks, hockey sticks to beat me. They also used electric shock.’

Joydeb’s friends tried desperately to call the police. However, instead of protecting Joydeb when they arrived at the scene, the police merely watched the extremist group continue to torture him. To make matters worse, Joydeb was then arrested:

‘They put me in jail for eighteen months without a trial. I was also booked under Bangladesh’s draconian Digital Security Act 2019 accused of hurting religious sentiment.’

After eighteen months of jail, Joydeb was granted bail. However, with his official trial having now begun, Joydeb could face a prison term of 5–10 years. Simply for expressing his religious beliefs online, Joydeb could spend the next decade behind bars. He has been forced into hiding, fearful that this will be his fate.

‘I cannot move freely and I’m in hiding as the extremists have vowed to kill me. In their view I have insulted Islam. In reality, in my writings, I have only spoken about social injustices, women’s and children’s rights, secularism, and religious fundamentalism.’

Joydeb reached out to PoC in 2022 for assistance. We awarded an emergency hardship grant for accommodation and shelter while in hiding which, along with assistance from other organizations, will help Joydeb to continue expressing his beliefs without fear.



An update on Lina’s story from 2021/22
Afghanistan family reunion

You may remember the story of Lina, a courageous human rights defender from Afghanistan who was targeted by the Taliban for her activism. In February 2022, Lina sought refuge at what she thought was a safe house after the Taliban began to crack down violently on peaceful protestors. However, the Taliban later ambushed the house and detained her. She was only released after making forced confessions.

Lina had no choice but to flee Afghanistan and is now in hiding in a neighbouring country.

Due to the kindness and generosity of you, our supporters, we were able to provide Lina with a hardship grant to help pay for her living expenses while in exile. However, at the end of

2022, Lina was still alone in hiding, thousands of miles away from her loved ones and struggling to make ends meet by herself:

‘I am alone, my family and my husband are in Kabul, we could not support it because it is very expensive here, I can’t afford it’

News of Lina’s situation, and her separation from her family, struck a chord with one of our bighearted supporters. Thanks to their generosity, PoC were able to send additional grants to Lina. We are delighted to report that these grants have enabled Lina’s husband to join her in exile.

Package of Support

Over the last year, in addition to signposting for employability, legal and therapy assistance, and the provision of IT equipment for UK-based beneficiaries, our package of support has evolved to include more activities to assist prisoners of conscience in need. We placed a particular focus on strengthening our collaborations with other organisations that share our mission, to achieve better and long-lasting results for the prisoners of conscience we support.

Supporting prisoners of conscience and human rights defenders to reach countries of safety and begin to re-establish their lives has been a central theme among our activities this past year. A notable example is that of Juliette, a Rwandan journalist who was repeatedly harassed for writing a critical investigative piece on the assassination of a former Rwandan military officer. Fearing for her safety and that of her family, Juliette decided to flee to Uganda where she lived precariously and continued to face both persecution and poverty, as Rwandan security agents followed her there. With the help of PoC, Juliette was able to

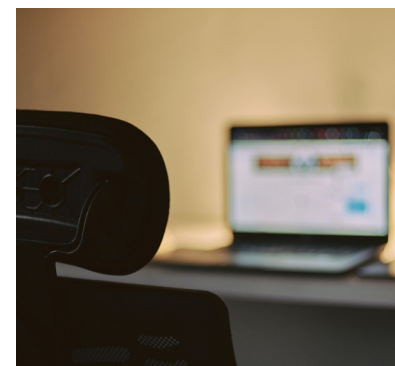
relocate to Canada. We referred her to, and worked together with, other organisations such as Open Briefing who were able to provide physical protection and mental health support to Juliette while she was still in Uganda. We wrote letters of support to relevant authorities, NGOs and UN bodies, and eventually in March 2023 we received the news that Juliette was on her way to Canada.

‘Thank you for the support and effort for my advocacy. I am now starting my journey to Canada and am now setting off to Entebbe Airport. Help me to thank all the team for sure if it wasn’t Prisoners of Conscience, I won’t be rescued thank for setting me free, thank you for saving my life.’

Juliette is now re-establishing her life in exile in Ottawa – enrolled in English and French classes and for a Masters degree in journalism, while working to meet her immediate needs.

In addition to targeted support for individuals, we organised events to explore ways in which human rights defenders could be assisted:

- webinar with UNHCR and other NGOs to explore how PoC could



“Thank you for providing a laptop. I use it for all my research and writing of my PhD thesis. My work is very much more convenient now. I am so grateful to PoC.”

Lydia, Judge from Uganda and bursary recipient

assist human rights defenders reach countries of safety, particularly the UK – event at the Houses of Parliament co-hosted with the APPG for human rights focusing on women human rights defenders in theocratic autocracies and leading to further work aimed at creating a refugee scheme in the UK for human rights defenders, similar to the scheme created in Canada in 2021.

Our broader work to help prisoners of conscience to re-establish their lives in safety included:

- closer working with Together With Refugees, including social media activity on the Illegal Immigration Bill.
- assisting beneficiaries to expedite family reunion visas, including correspondence to the Home Secretary, Home Office and MPs
- increasing respite holidays in Jersey for human rights defenders and their families.
- working with lawyers who have had to flee to the UK on CVs, interview skills and opportunities to secure training contracts.

Package of support in 2022/23

- 38** prisoners of conscience accessed our Package of support this year, bringing the total to 88. Of these:
- 8** laptops provided
- 17** referrals for legal/advisory, mental health therapy, English classes
- 6** letters of support provided
- 9** referred to the employability panel
- 4** signed up for the online forum to share experiences to improve integration
- 4** prisoners of conscience and their families provided with respite holidays in Jersey

Referral agencies in 2022/2023

Afghan and Central Asian Association	Rights Hub Sheffield Hallam
Article 19 Eastern Africa	Human Rights Focus Pakistan
Ateizm Dernegi (Association of Atheism,Turkey)	Human Rights Watch - East Asia
Breaking Barriers	Humanists International 2020
British Red Cross	NIACRO
Canadian Journalists for Free Expression	PAFRAS - Positive Action For Refugees And Asylum Seekers
English Centre of International Pen	PEN - America
Free from Fear/Azadi Charity	RefuAid
Freedom From Torture	Scottish Refugee Council
Freedom Now	Rory Peck Trust
Haringey Adult Learning Service, Economic Regeneration, London Borough of Haringey	Traumatic Stress Clinic
Helen Bamber Foundation	Waging Peace
Helena Kennedy Centre	Women's Academy for Leadership and Politics
	Youth for Positive Change
	Zimbabwe Peace Project

“The funding that Prisoners of Conscience allocated to the Rory Peck Trust has been crucial to supporting many freelance journalists who have suffered persecution and imprisonment because of their work. Freelance journalists have no institutional support or employment rights protections and rarely benefit from the training made available to staff journalists. This makes them as vulnerable as activists or human rights defenders. The grants from PoC have helped to cover the costs of subsistence (rent and food), legal fees, and relocation.

The cooperation between our two organisations has gone beyond providing grants to journalists and includes non-financial support, such as providing recommendation letters to support applications for asylum or fellowships.

We are keen to maintain our partnership and coordination with PoC because we believe that together we reach out to and support more journalists, especially those who report from conflict zones or fragile states – environments that are increasingly hostile to their work.”

Amel
The Rory Peck Trust



“Prisoners of Conscience’s rapid financial assistance has proven to be a lifeline to the activists and artists that Artists at Risk Connection (ARC) works with, and in particular, to those facing the starkest circumstances. Throughout the first half of 2023, PoC has provided a glimmer of hope for 7 at-risk artists from Iran, Myanmar, Afghanistan, and Syria. Often exiled, in unsafe conditions, and without certain prospects for their futures, these artists remain imprisoned under the shadow cast by the long arm of persecution that transcends borders.

PoC’s collaboration with ARC has provided the means for persecuted artists to endure dire situations, in their journeys towards safety and free expression.”

Andrea Villa Franco
Protection Programs Assistant
at PEN America’s ARC

Trustees and Patrons

We are fortunate to be supported by committed and experienced directors of our corporate trustee:

David Lock KC (Chair)

Diba Alikhani

Jonathan Taylor

Keith Davis

Mandira Sharma

Dr Roger Harrison

Dorothy Connell (resigned 18th November 2022)

Michael Morrison (appointed 26th January 2023)

Nora Mbagathi (appointed 28th June 2023)

As part of our governance rules, the directors of the corporate trustee are obliged to resign after 9 years of service.

In addition, we continue to benefit from the support of many distinguished patrons:

Lady Brooke

Caroline Moorehead OBE

Lynn Carter

Rabbi Julia Neuberger DBE

Lucy Chandler OBE

Sir Geoffrey Nice QC

Dame Judi Dench DBE

The Hon Jonathon Porritt

Lady Antonia Fraser DBE

Lord Puttnam CBE

Rosamund Horwood-Smart QC

Rev Dr Nicholas Sagovsky

Kurt & Caroline Jackson

Sir Tom Stoppard OM

Baroness Helena Kennedy QC

Zoë Wanamaker CBE

Neil Latchman

Our Funders

Everything we have achieved in the past year has only been made possible thanks to the ongoing support and generosity of our funders and donors. We offer our sincere thanks to each and every one of you for your continued support during these uncertain times.

In addition to the generosity of many private individual donors, we benefitted from the support of the following charitable trusts and foundations:

Allen Charitable Trust

Oakdale Trust

Berni Charitable Trust

Pat Newman Memorial Trust

CB & HH Taylor 1984 Trust

Roger & Ingrid Pilkington Charitable Trust

D G Charitable Settlement

Souter Charitable Trust

Eva Reckitt Trust Fund

Silicon Valley Community Foundation

Gordon Fraser Charitable Trust

Topinambour Trust

Jomati Foundation

Treeside Trust

Lindsay Foundation

WGFJM Charitable Trust

National Lottery Community Fund

With special thanks to The Joffe Charitable Trust for the last 3 years' of support to help strengthen our fundraising ability.

Our people

We are a small team of one-full time and 2 part-time staff members, a freelance accountant and several dedicated and enthusiastic volunteers.

Staff

Gary Allison, Director

Joanna Pitta, Grants and Support Manager

Kirsty Bennett, Grants and Support Manager (resigned in January 2023)

Emily Cray, Communications Officer

Kathleen Moss, External Accountant

Kevin Taylor-McKnight, Philanthropy Manager (resigned in October 2022)

Volunteers

Daniele Chiarantini

Samuel Hutman

Amy Mitchell

Jack Woollands

Rajeshwari Machender

Leonie Williams

Rowen O'Neill

Consolidated accounts

Statement of Financial Activities for the period ended 31 March 2023

	Unrestricted Funds	Restricted Funds	Designated Funds	Total 2023	Total 2022
INCOME:	£	£	£	£	£
Donations and legacies	322,510	17,200	225,000	564,710	340,544
Income from investments	433	-	-	433	11
TOTAL INCOME	322,943	17,200	225,000	565,143	340,555
EXPENDITURE ON:	£	£	£	£	£
Raising funds	51,338	26,062	-	77,400	52,787
Charitable activities	271,487	27,922	-	299,409	264,639
TOTAL EXPENDITURE	322,825	53,984	-	376,809	317,426
NET INCOME/ (EXPENDITURE)	118	(36,784)	225,000	188,334	23,129
Transfer between funds	60,418	(418)	(60,000)	-	-
Net movement in funds	60,536	(37,202)	165,000	188,334	23,129
RECONCILIATION OF FUNDS					
Total funds brought forward	23,702	45,262	60,000	128,964	105,835
TOTAL FUNDS CARRIED FORWARD	£84,238	£8,060	£225,000	£317,298	£128,964

Balance Sheet at 31 March 2023

	2023	2022
FIXED ASSETS	£	£
Tangible assets	225,000	-
CURRENT ASSETS		
Debtors	53,864	47,620
Cash at bank and in hand	92,057	128,572
	145,921	176,192
CREDITORS: Amounts falling due within one year	(53,623)	(47,228)
NET ASSETS	317,298	128,964
FUNDS		
Restricted income funds	8,060	45,262
Designated income funds	225,000	60,000
Unrestricted income funds	84,238	23,702
General reserve		
TOTAL CHARITY FUNDS	317,298	128,964

The summary financial statements are extracted from the independently examined financial statements. The opinion on the full financial statements was not qualified and they were approved by the trustees on 28TH June 2023 and submitted to the Charity Commission. Copies of the full financial statements, including the independent examiner's report, can be obtained by written request from the charity's registered office: PO Box 61044, London SE11UP



David Lock KC
CHAIR OF THE TRUSTEE BOARD



Patrick Morrello ACA
INDEPENDENT EXAMINER



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